

SAMPLE TRUST JOURNEY · 28-DAY TRIAL

Fictional people and demonstration data. Shown for illustration only.

TRUST LEADER

YOUR TRUST JOURNEY

Trust with Daniel

Delivery & Consistency

PRIMARY FOCUS · PERCEPTION

2/5 → 3/5

+1 since you started

"For the first time since the reorg, I trust my own follow-through. I walk into leadership meetings without bracing to be second-guessed."

Maya, on the biggest impact

Apr 14, 2026 – May 12, 2026

CHAPTER 1

Why this journey began

You started this journey to strengthen trust with **Daniel**.

FOCUS AREAS

Delivery & Consistency

WHAT THEY CARE ABOUT

Hitting his targets. Daniel is a consistent achiever, and depending on me puts that reputation on the line.

WHAT YOU NEEDED FROM THEM

Daniel vouches for me in the project proposal meeting, backing my judgement to leadership instead of working around me.

BEHAVIOUR

Your focus behaviour

Flag It Early

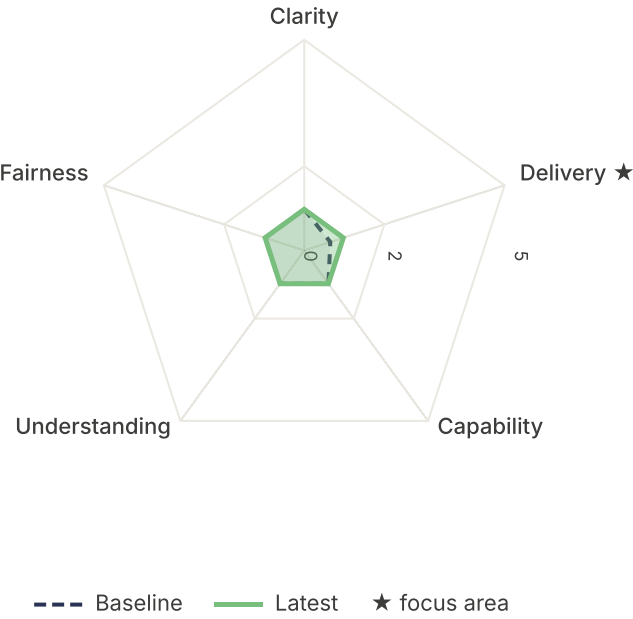
In Delivery & Consistency

Intended outcome. Give updates on progress, and raise issues early when there are risks or delays.

CHAPTER 2

How trust strengthened

Across 5 trust areas, perception shifted by an average of +0.2 from your baseline to your latest re-score.



CHAPTER 3

The work you did

Flag It Early

Give updates on progress, and raise issues early when there are risks or delays.

FOUNDATION

Rated 3/5

If Only

IMMEDIATE REFLECTION

Counting them up was uncomfortable: three 'if only I'd flagged it' moments in a fortnight, all with Daniel.

7-DAY CHECK-IN

I caught two forming risks early this week and said them out loud. Both were easier to handle than if I'd sat on them.

BUILD

Rated 4/5

Early Warning

IMMEDIATE REFLECTION

Raising the API slip before the deadline felt exposing, but Daniel just said 'thanks' and re-planned. Nothing like the reaction I'd built up in my head.

7-DAY CHECK-IN

Flagged risks early three times this week. Daniel's stopped asking me 'are you sure?' on dates.

EMBED

Rated 4/5

Red Flag Slalom

IMMEDIATE REFLECTION

Said the Friday date wasn't realistic instead of weaving around it. He planned for Monday and moved on.

7-DAY CHECK-IN

I'm naming the 'can't' early now rather than dodging it, and Daniel's started doing the same back to me.

CHAPTER 4

In your own words

ON FINISHING · APR 28, 2026

trust gain +2

Now you've finished, what's the one thing you'll keep doing differently with Daniel?

Flag risks and slips to Daniel early, before he has to chase me. I'd been over-promising in stand-ups then quietly missing dates; that stops now.

DAY 14 · MAY 12, 2026

trust gain +3

What are you actually doing differently with Daniel? Are you keeping it up?

Twice I flagged a slip before he chased me. The second time he said 'thanks for the heads-up', the first thing he's thanked me for in a while. I'm keeping the Friday recap going.

Note: Still half-expect it to slip back, but flagging early genuinely felt easier than hiding it.

🔒 DAY 30

Reflection due May 28, 2026.

🔒 DAY 60

Reflection due Jun 27, 2026.

WHERE IT LANDED

PRIMARY FOCUS · PERCEPTION

2/5 → 3/5

+1 shift

FOR YOU

For the first time since the reorg, I trust my own follow-through. I walk into leadership meetings without bracing to be second-guessed.

FOR THE PEOPLE YOU
WORK WITH

Daniel vouches for me in the project proposal meeting now, instead of working around me. The double-checking has stopped and we move faster.

FOR YOUR
ORGANISATION

Decisions land quicker. The migration proposal got the green light without the usual back-and-forth between us.

2

DAY STREAK

19

DAYS ACTIVE

Small behaviours, repeated, strengthen trust.

TRUST LEADER